

COMMANDO JOE'S **LD80 Operation Overlord:**

Overarching Theme:
Communication



R	Resilience
E	Empathy
S	Self-Awareness
P	Passion
E	Excellence
C	Communication
T	Teamwork

Name:

1 Mission 1: Morse Code Conundrum

Theme:

Communication was the lifeline of the operation, allowing for the coordination of troops, supplies and support across air, land, and sea.

One such method of communication used to send signals from Royal Navy Warships to the allied soldiers on the beach was Morse Code.

Mission Brief:

Using the supplied crib, can you work out the top-secret message sent to the Marines in their landing craft who are waiting to advance up the beach? Who are the Royal Marines tasked with meeting? (Canadian 3rd Infantry Division)

Now that you know how to send Morse Code, why not practice sending messages with family or friends?

De-brief:

- Can you think why communication during such a time was important?
- Why is effective communication, such an important part of everyday life, such as in school, work or beyond?

COMMANDO JOE'S LD80 Operation Overlord:

**Overarching Theme:
Movement**



R	Resilience
E	Empathy
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Name: _____

2 Mission 2: Infantry Action

Theme:

Movement is not only extremely important for a group of soldiers working together to achieve their goal, but it's also important for us to stay fit and healthy, so that we can live the best life possible.

Mission Brief:

During the Allied invasion of Normandy, soldiers were tasked to move over, under and around dangerous obstacles over miles of sand on Juno Beach. This was an extremely dangerous task, that required huge amounts of physical fitness.

Can you follow my instructions on the Commando Joe Patrol? Resilience, determination and concentration will be the key to this mission! Time is ticking and we need to RV with the Canadian 3rd Infantry Division!

- Jump from the landing craft into the ocean.
- Swim using the breaststroke for 100m.
- Front crawl for 100m.
- Wade out of the sea for the final 50m.
- Shake yourself dry.
- Jump over a log.
- Crawl under a barrier.
- Jump another log a log.
- Duck under a branch.
- Sprint the last 100m – countdown for 10,9,8 etc..

Hands-on heads, deep breaths in and out, bringing the heart rate back down slowly.

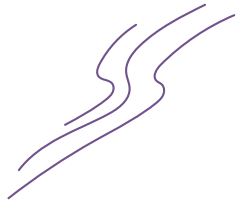
We've made it and we are at the RV – Well done team!

De-brief:

- How did you feel racing up the beach?
- How do you think that the soldiers would have felt during the Allied invasion in 1944?
- Do you think that movement and being physically fit was an important part of the operation? Is physical fitness an important part of our everyday lives?

COMMANDO JOE'S **LD80 Operation Overlord:**

Overarching Theme:
STEM



Name: _____

3 Mission 3: Mulberry Makers

Theme:

Science, Technology, Engineering and Maths (STEM) were an integral part of the D-Day Landing in Normandy in June 1944.

Mulberry harbours were temporary portable harbours developed by the British during World War II to facilitate the rapid offloading of cargo onto beaches during the Allied invasion of Normandy in June 1944. They consisted of floating concrete structures, steel roadways, and floating piers. These harbours played a crucial role in the success of the D-Day landings by providing essential infrastructure for the transportation of troops, vehicles, and supplies to the beaches of Normandy.

Mission Brief:

This mission is going to require ingenuity as well as being a test of memory. Having a good memory is important whether you are gathering intelligence on the enemy, revising for a test, or remembering things you need to do in your daily life.

Today, you will be building your own Mulberry Harbour. Hopefully, you have gathered the mission essential supplies from the list provided.

- Empty water bottles/toilet rolls
- Cardboard/paper
- Pencils/lollipop sticks
- Tape
- Egg carton

You now have 20 seconds to look at the structure and memorise it, before having 10 minutes to build a platform that will not only float but be able to carry mission essential supplies onto the beaches of Normandy. Good luck!

De-brief:

- How did you get on?
- Did you find the mission difficult?
- Hopefully, all equipment is now safe and dry, ready to support the Allied invasion. What advances in Science, Technology, Engineering and Maths have been developed since June 1944?
- Can you think of any pros and cons of this?

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COMMANDO JOE'S **LD80 Operation Overlord:**

**Overarching Theme:
Connection and the Weekend**



R	Resilience
E	Empathy
S	Self-Awareness
P	Passion
E	Excellence
C	Communication
T	Teamwork

Name:

4 Mission 4: Nature Walk

Theme:

The D-Day Landings in 1944 would have been one of the most frightening and stressful times of the servicemen's lives during the Allied invasion. Many men will have left the war as completely changed people. They would have had to return to their normal lives with little time to decompress or get any help with their mental health after what they had seen. Luckily, that is not the case today. Many charities are on hand to help veterans with their physical and mental health. One such organisation is Walking With The Wounded, and Commando Joe's is proud to support such a brilliant charity.

Mission Brief:

One way that we can all improve our mental health is connection with nature. This weekend, why not get outside, put the phones and tablets away and place your attention back on the present moment. This technique can help with overwhelming emotions or anxiety. Go for a walk and try the following:

1. Acknowledge five things that you can see around you.
2. Notice four things that you can touch. Pay attention to the texture of your clothing or the surface on which you are sitting.
3. Identify three things that you can hear. This could be birds singing or leaves rustling.
4. Find two things that you can smell. Take a deep breath and notice any scents around you, whether pleasant or neutral.
5. Focus on one thing that you can taste. This could be a sip of water, a piece of food or a lingering taste in your mouth.

De-brief:

- What thoughts do you think the servicemen at the D-Day Landings would have had running through their minds?
- What do you think of during scary, uncomfortable, or unfamiliar situations?
- What other things can you do in situations like this to help alleviate feelings of stress or panic?

Duration

● = 1 second

■ = 3 seconds

Spacing

Space between parts of the same letter = 1 second

Space between letters of same word = 3 seconds

Space between words = 7 seconds

ALPHABET

A ● ■
B ■ ● ● ●
C ■ ● ■ ●
D ■ ● ●
E ●
F ● ● ■ ●
G ■ ■ ●
H ● ● ● ●
I ● ●
J ● ■ ■ ■
K ■ ● ■
L ● ■ ● ●
M ■ ■

N ■ ●
O ■ ■ ■
P ● ■ ■ ●
Q ■ ■ ● ■
R ● ■ ●
S ● ● ●
T ■
U ● ● ■
V ● ● ● ■
W ● ■ ■
X ■ ● ● ■
Y ■ ● ■ ■
Z ■ ■ ● ●

NUMBERS

0 ■ ■ ■ ■ ■
1 ● ■ ■ ■ ■
2 ● ● ■ ■ ■
3 ● ● ● ■ ■
4 ● ● ● ● ■
5 ● ● ● ● ●
6 ■ ● ● ● ●
7 ■ ■ ● ● ●
8 ■ ■ ■ ● ●
9 ■ ■ ■ ■ ●





JUNE 2024

Click our calendar to interact with it

SCHOOLS ENGAGEMENT CALENDAR



SATURDAY

01

SCHOOLS PAGE

Welcome to our Schools Engagement Calendar. With the support of our Campaign Partner Commando Joe's, we'll be going through two activities per week to commemorate the 80th anniversary of D-Day.



THURSDAY

06

Today marks the 80th anniversary of the D-Day landings. You can learn more about D-Day and its impact by downloading our resources pack.

IDEA!

Why don't you design a memory garden? A quiet space that people can take time to reflect. People might use the garden to remember significant events such as D-Day, but also to honour what might feel important within their own personal lives.

With permission from a parent or guardian, consider planting some seeds and nurture a plant of remembrance as it grows.

D-DAY EXPEDITION

TUESDAY

11

Join in with **Mission Two** and watch the video.

#2 MOVEMENT



THURSDAY

13

Did you know that just a few minutes of movement before learning can help increase focus and concentration, enhance memory, and optimise energy levels?

Why don't you incorporate some of our body movement ideas at the beginning of a lesson to captivate and engage?

TUESDAY

04

Join in with **Mission One** and watch the video.

#1 MORSE CODE



LONGEST DAY 80

We are now on Day 13 of the calendar, so we challenge you to pick some of your favourite body movements! **Can the class do a collective 80 reps of each activity?**

It's not too late to find out more about our LD80 campaign and get fundraising.





JUNE 2024

Click our calendar to interact with it

SCHOOLS ENGAGEMENT CALENDAR

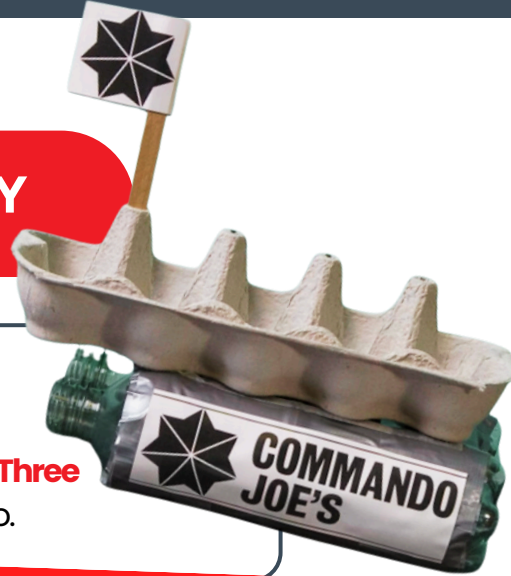


TUESDAY

18

Join in with **Mission Three** and watch the video.

#3 MULBERRY MAKERS



TUESDAY

25

Join in with **Mission Four** and watch the video.

#4 NATURE WALK



THURSDAY

27

Complete our D-Day wordsearch in a 10-minute exercise that can be used as a warm-up challenge when planning a lesson on D-Day using our lesson planning pack. It can also be set as a task at home.

PDF WORDSEARCH

THURSDAY

20

As you may be aware, we are holding a D-Day related poetry competition throughout the month of June.

Choose a poem to analyse, explore the poetic elements, poetry types, literary devices and more. Don't forget to include: **how does the poem make you feel?**

We suggest starting with the poem '**Do Not Call Me Hero**' by the author Rob Aitchinson.

POETRY COMP



VIEW THE VIDEO

SUNDAY

30

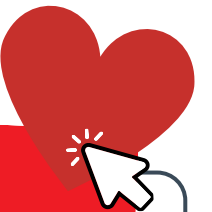
Thank you for following our Schools Engagement Calendar.

We hope you have gained an understanding of the significance of D-Day whilst engaging in an array of activities. We want to thank our Campaign Partner Commando Joe's for providing the D-Day missions and worksheets for the 'Operation Overlord' series.

DONATION

Please contact us on schools@wwtw.org.uk if you would like to further collaborate with Walking With The Wounded and our Schools Engagement Programme.

We would love to hear from you.



D-DAY WORDSEARCH

Can you find the words below?

A	Q	M	W	S	O	U	T	A	H	R	B	E	G	J	Y	I	U	C	D	O	X
E	X	A	C	F	P	K	R	B	J	Z	U	W	I	O	D	H	K	Z	P	A	N
I	J	U	V	S	A	N	Y	B	W	V	C	K	E	O	A	Y	B	E	I	L	J
N	U	B	N	D	M	U	L	B	E	R	R	Y	X	E	Q	F	R	X	J	M	P
N	N	T	G	E	L	O	B	G	I	M	C	O	G	D	X	A	L	Z	I	E	E
I	O	F	M	A	H	F	R	M	N	A	Q	K	Z	Z	T	Z	U	M	G	J	P
H	E	O	R	H	F	N	R	A	E	G	B	E	L	I	U	W	Z	A	C	M	X
A	R	J	T	H	O	S	E	L	W	T	E	H	O	V	E	R	L	O	R	D	A
Y	B	D	L	F	Y	H	V	L	A	R	J	N	D	Y	G	I	H	H	A	J	O
G	L	E	I	R	P	S	Z	I	B	N	Z	F	F	G	Q	Y	N	U	F	D	R
Q	I	Y	A	L	F	M	Z	E	W	R	D	L	K	H	X	O	I	B	T	O	E
X	B	W	N	C	B	G	P	S	P	L	J	I	O	X	V	M	O	I	P	D	S
D	E	M	Z	J	H	A	R	B	O	U	R	S	N	K	C	A	K	L	I	S	I
V	R	O	D	I	X	L	Y	J	F	V	O	C	O	G	M	H	M	Q	O	Q	L
W	A	G	R	E	N	O	R	M	A	N	D	Y	F	K	K	A	S	R	T	C	I
J	T	Q	P	S	X	U	U	V	R	P	K	R	B	C	M	Q	H	U	P	K	A
P	I	C	X	T	Q	S	T	C	A	N	T	Q	A	P	R	S	V	D	M	C	N
S	O	G	Q	R	E	F	L	E	C	T	I	O	N	W	L	D	T	A	V	Z	C
T	N	E	B	L	N	T	P	F	R	C	H	S	U	K	W	T	G	O	L	D	E

KEYWORDS

Mulberry
Harbours
Landing
Craft
Normandy
Operation
Overlord
Liberation
Memory

Omaha
Beach
Allies
Juno
Utah
Reflection
Resilience
Gold

Remember: Take your time and check letters going up, down, left, right, and diagonally.

ANSWERS



A	Q	M	W	S	O	<u>U</u>	<u>I</u>	<u>A</u>	<u>H</u>	R	B	E	G	J	Y	I	U	C	D	<u>O</u>	X
E	X	A	C	F	P	K	R	B	J	Z	U	W	I	O	D	H	K	Z	<u>P</u>	A	N
I	<u>J</u>	U	V	S	A	N	Y	B	W	V	C	K	E	O	A	Y	B	<u>E</u>	I	L	J
N	<u>U</u>	B	N	D	<u>M</u>	<u>U</u>	<u>L</u>	<u>B</u>	<u>E</u>	<u>R</u>	<u>R</u>	<u>Y</u>	X	E	Q	F	<u>R</u>	X	J	M	P
N	<u>N</u>	T	G	<u>E</u>	L	O	B	G	I	M	C	O	G	D	X	<u>A</u>	L	Z	I	E	E
I	<u>O</u>	F	<u>M</u>	A	H	F	R	M	N	A	Q	K	Z	Z	<u>I</u>	Z	U	M	G	J	P
H	E	<u>O</u>	R	H	F	N	R	<u>A</u>	E	G	B	E	L	<u>I</u>	U	W	Z	A	<u>C</u>	M	X
A	<u>R</u>	J	T	H	O	S	E	<u>L</u>	W	T	E	H	<u>O</u>	<u>V</u>	<u>E</u>	<u>R</u>	<u>L</u>	<u>O</u>	<u>R</u>	<u>D</u>	A
<u>Y</u>	<u>B</u>	D	L	F	Y	H	V	<u>L</u>	<u>A</u>	R	J	<u>N</u>	D	Y	G	I	H	H	<u>A</u>	J	O
G	<u>L</u>	<u>E</u>	I	R	P	S	Z	<u>I</u>	B	<u>N</u>	Z	F	F	G	Q	Y	N	U	<u>F</u>	D	<u>R</u>
Q	<u>I</u>	Y	<u>A</u>	L	F	M	Z	<u>E</u>	W	R	<u>D</u>	L	K	H	X	<u>O</u>	I	B	<u>I</u>	O	<u>E</u>
X	<u>B</u>	W	N	<u>C</u>	B	G	P	<u>S</u>	P	L	J	<u>I</u>	O	X	V	<u>M</u>	O	I	P	D	<u>S</u>
D	<u>E</u>	M	Z	J	<u>H</u>	<u>A</u>	<u>R</u>	<u>B</u>	<u>O</u>	<u>U</u>	<u>R</u>	<u>S</u>	<u>N</u>	K	C	<u>A</u>	K	L	I	S	<u>I</u>
V	<u>R</u>	O	D	I	X	L	Y	J	F	V	O	C	O	<u>G</u>	M	<u>H</u>	M	Q	O	Q	<u>L</u>
W	<u>A</u>	G	R	E	<u>N</u>	<u>O</u>	<u>R</u>	<u>M</u>	<u>A</u>	<u>N</u>	<u>D</u>	<u>Y</u>	F	K	K	<u>A</u>	S	R	T	C	<u>I</u>
J	<u>I</u>	Q	P	S	X	U	U	V	R	P	K	R	B	C	M	Q	H	U	P	K	<u>A</u>
P	<u>I</u>	C	X	T	Q	S	T	C	A	N	T	Q	A	P	R	S	V	D	M	C	<u>N</u>
S	<u>O</u>	G	Q	<u>R</u>	<u>E</u>	<u>F</u>	<u>L</u>	<u>E</u>	<u>C</u>	<u>T</u>	<u>I</u>	<u>O</u>	<u>N</u>	W	L	D	T	A	V	Z	<u>C</u>
T	<u>N</u>	E	B	L	N	T	P	F	R	C	H	S	U	K	W	T	<u>G</u>	<u>O</u>	<u>L</u>	<u>D</u>	<u>E</u>